

Nurturing ADHD kids

Do you have a child who has
ADHD or suspected ADHD?

**FREE 6 week course for parents and
carers**

**Monday mornings
9.30-11 am**

starting on June 10th, 2024

at

**St Francis community Centre
Sycamore Rd, Bournville,
Birmingham B30 2AA**


To join

Phone: 0731 116 7485

or email:

contactus@brewseducation.org





Nurturing ADHD kids

Are you trying to support your child but find that everyone gives you different advice?

In this 6 week course, you will

- **learn about ADHD**
- **Understand the effect on mental health**
- **Understand the reasons behind behaviours**
- **Gain confidence in advocating for our children**
- **Learn new strategies**
- **Help our kids be confident, resilient and be their best selves**

Birmingham Resilience Education and Wellbeing Services CIC

CIC Business Registration: 13240865

